Helping One Another

Medi-Share
Affordable, Biblical Healthcare

SUMMER 2017
Volume 24, Issue 2
I’M TED SQUIRES, CEO of Christian Care Ministry.

Before assuming this role, I served on the Board of Directors where I always appreciated the commitment of this organization to serve its members. From my new vantage point, however, I am even more impressed. Our employees are some of the most excellent, committed, and prayerful folks that I’ve ever had the pleasure to know.

We’ve brought in some new leaders to help usher Christian Care Ministry into a new era of sharing. It is amazing to see God work through His people to bring thought-leaders to the ministry. We’ve got some exciting plans in the works for new ways that members and others in the Christian community can share their lives, faith, talents, and resources with others.

One recent initiative that we kicked off is our “Friends Sharing Friends” program. To increase awareness throughout the Christian community, we are bringing in renowned Christian authors, speakers, and artists as friends of the ministry. To help us be good stewards of your member dollars, these friends provide these opportunities at no cost.

Showcasing these speakers on Facebook Live weekly is a chance for our brothers and sisters in Christ all over the world to experience the inspiration and insight of these leaders.

One of our friends is ten-time Grammy award winning gospel artist, CeCe Winans. We are blessed to be a part of her “Fall in Love” tour, and share the Medi-Share program with her many fans, increasing awareness of the valuable services we offer the Christian community.

Lastly, I want to take a minute to let you, our members, know how very much we appreciate your commitment to each other and to the privilege that is healthcare sharing.

Don’t miss the story of Pastor Doug Stringer, one of the Medi-Share members you helped during his battle with stage 4 Lymphoma. His testimony at a recent “Friends Sharing Friends” event was a true testament to the power of prayer and the support of members like you.

Every single month, we watch tens of millions of dollars move from member to member, meeting the medical needs of our community in miraculous ways. Your share dollars are helping other members during their time of need. And your prayers are felt.

HELPING ONE ANOTHER
Making a Difference, One Family at a Time

We survey members annually during your anniversary month to see how things are going, learn about areas we can improve, and most importantly, ask how being a part of Medi-Share is helping you have more of an impact on the Kingdom. Here’s what we heard recently.

**STEPHANIE M.**

Medi-Share is one of the reasons I’ve been able to continue being a mostly stay-at-home mom and I’m going to be able to start homeschooling my two older children this fall. We believe God has freed me up for this big responsibility of educating our kids in a Godly way to bring glory to Him!

**DAVID T.**

Medi-Share allows me to be in full time ministry. Without it, that would not be possible. As a missionary, insurance costs were not a realistic expenditure that we could afford.

**JOHN M.**

We were able to help a family member better their living accommodations.

What a blessing to hear these stories and know that your commitment to your fellow Medi-Share members is making a difference!

Have a story about how belonging to this community has helped you impact the Kingdom? Share it at mychristiancare.org/mystory

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Take Your Doctor with You

Traveling? Working out of town? No worries, you can take your doctor with you! Telehealth physicians are available to speak with you 24 hours a day, seven days a week, right from your phone or tablet.

> Within a few seconds of filling out my information, I was able to talk to a doctor. She was very helpful and saved me so much time and money. I love this program!

> **– BARNABAS P.**

How convenient to have this FREE service available right at your fingertips.

Don’t forget to register before you need it. Simply log in to your Member Center and select “See a Doctor Now” to get started!
Play, Popsicles and Pink Lemonade

Summer is a great time to take kids outside to play. Playing outside encourages kids to be active, whether they are running around a playground, riding bikes, or growing their own snacks in a garden. While playing outside, it’s important to stay hydrated, fuel activities with healthy snacks, and practice sun safety.

With a little creativity, playing in your own backyard can be as fun as going to an amusement park. Get creative with a backyard obstacle course or scavenger hunt. For hot days, think water games such as water slides and sprinkler games. Don’t forget the sunscreen!

Finish up your fun by enjoying some healthy, homemade treats made with the kids. For more ideas and recipes, visit our Wellness Library.

Sweet Green Popsicles
SERVES 6
• 2 Large Bananas
• 2 Cups Pineapple, Diced
• 1½ Cups Baby Spinach
• ¼ Cup Water
(Or Juice From The Pineapple)

Place all ingredients in a blender. Blend until completely smooth. Pour into popsicle molds or paper cups. Place popsicle sticks in the center of each cup. Freeze for 3-4 hours.

View Online

Fresh Pink Lemonade
SERVES 2
• ¼ Cup Raspberries Or Strawberries (Fresh Or Frozen)
• 2 Cups Water
• ½ Teaspoon Ginger, Minced (Optional)
• 2 Lemons, Freshly Squeezed
• Pinch Sea Salt (Optional)
• 1 Tablespoon Raw Honey

Place water in a pitcher. Add berries and ginger and soak for 4-8 hours. Place all ingredients in a blender and blend on high until smooth.

View Online
Member Stories

While cleaning our gutters last June, my 12-foot orchard ladder collapsed and I was sent plummeting down from over 10 feet up! Landing only on one leg, it shattered my left ankle on impact. Due to the fact that both bones (tibia and fibula) were broken and the bones were exposed, we called 911, a first in our household! After being bedridden for weeks, then in a wheelchair, walker, knee scooter, and finally a cane, I am now walking on my own but still leaning heavily on my Creator! My wife of 37 years, in her own patient way, helped see me through as well, using her nursing skills to keep me infection-free, my hopes up, and my mind focused on Him.

As medical bills started rolling in and my ability to work was severely hampered, our Christian friends shared all these incredible expenses. God is good - ALL the time! His family proved invaluable to us through this entire experience, even ending every phone call with a prayer. What encouragement!

We can certainly see the Lord's guidance and the lessons He had in store for us through what others might call an 'ordeal.' We now feel more connected to Him, each other, and certainly the family of God, both here and abroad. THANK YOU Medi-Share for helping orchestrate this incredible work!

– MARK D.

On October 1, 2016, I received surgery on my very badly broken wrist and dislocated ring finger. That awful feeling arises when you consider how much a surgery and hospital visit like this could cost. I received a total medical bill of around $75,000. Medi-Share was right alongside me through the entire process. I am so grateful for the conversations I have had with Medi-Share and the prayer I’ve received after each phone call during the process. My burden was certainly shared thanks to all within the Medi-Share community. Thank You Jesus for this community of people.

– KIMBERLY H.
I am a mom of six kids. Big families sometimes encounter medical emergencies, but this past 18 months have been unprecedented for us. It started with our 8-year-old breaking a femur in a motorcycle accident. Four months later, our two oldest both experienced major tibia-fibula fractures in an accident. After some surgeries and recoveries, we were doing well. Then our 4-year-old swallowed a penny and required emergency intervention to dislodge it. Needless to say, our medical expenses for that year were high.

Medi-Share members took care of it all, after our annual family portion was met. Then, just four months after the penny, my husband crashed on his snowmobile and broke six vertebrae, requiring emergency services, hospitalization, surgery, and now rehab. We are so grateful to our Christian brothers and sisters who give to the ministry so faithfully every month to help families like ours. You are such a blessing to us amidst all these unforeseen circumstances. Please know that your faithfulness and God’s mercy are evident in Christian Care Ministry.

— CHRISTINE C.

I just finished my third round of chemo for Stage IV-B Uterine cancer. Since I started this journey late last year, I have never felt so encouraged and prayed for. Thank you to the staff of Medi-Share, especially Tiffany, RN who has helped me tremendously beyond what I have expected. I praise the Lord daily for your ministry.

— RESURRECION A.

Planning to Have Surgery?

Medi-Share has partnered with BridgeHealth to offer significant savings for members by pre-negotiating case rates and using high-quality centers for pre-planned/scheduled surgeries like joint replacement or back surgery.

As a Medi-Share member, this service is available to you at no additional cost. For more information or to see if your surgery may qualify, contact our Care Management team at careteam@tccm.org or (800) 264-2562, ext. 7018.
Our Christian Care Ministry blog is a great place to start. Find interesting articles on health, fitness, member stories, and spiritual inspiration. Check out the story of Medi-Share member Pastor Doug Stringer. A member since 2011, he was diagnosed with Stage IV cancer in 2015. Now cancer free, they rejoice in the miracle and in the care and concern they received from their Medi-Share partners.

"Every time I called, the calls never ended unless they offered to pray for me," Doug’s wife Lisa said. “And who turns down prayer? I think an important factor is that it wasn’t an assignment. I could tell that each person that prayed with me was praying a heartfelt prayer that I know touched the heart of God. And it touched my heart. I remember crying with people, and that was a priceless experience.”

Read more at blog.mychristiancare.org

Adult Children in Your Household? Here’s What You Need to Know!

As your child approaches adulthood, you’ll receive information from us about the requirements for membership, based on the member-voted guidelines.

At age 18, your child now has the adult responsibility of attesting to the Statement of Faith and confirming they are following the Medi-Share lifestyle requirements, which include:

- No sex outside of traditional Biblical marriage
- No tobacco use in any form
- No use of illegal drugs
- No abuse of legal drugs, including alcohol

Your unmarried adult child is welcome to remain on your family membership until they reach the age of 23. Once 23, we have a simple process for them to begin their own individual membership without any lapse. It’s important that they complete the application by the end of their birthday month to avoid any application or new member fees.

We’re here to help transition to their own membership or answer any questions you may have. You can reach Member Services at (800) 264-2562.

Looking for Some Good Reading?

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Why Not?
If you haven’t signed up for EFT yet, why not? Automatic payment of your monthly share is the most efficient, timely, and cost-effective way to pay your shares! You pick the date that is most convenient for you and then stop worrying about it. Sign up right from your Member Center.

Have You Heard About Disability Sharing?
Our Manna program brings believers together to help each other when they’re unable to earn wages due to a disabling event. Whenever you have an eligible need, fellow members commit to replace up to 80% of your lost income for up to a year.

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Let’s Be Friends!
We have over 62,000 followers on Facebook and we want to encourage you to check us out if you aren’t one of them. Social Media is a great way to stay connected and be encouraged as we are posting scriptures, prayers, and some other fun stuff!